

SOUTHERN ILLINOIS UNIVERSITY CARBONDALE



DAY & WEEK

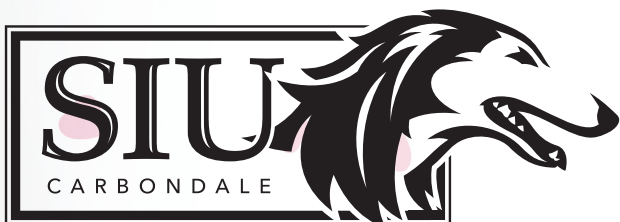
OCTOBER 9 - 13, 2023

De-stress with a full week of activities leading up to the big day. Join us before, in-between, or after classes! This year's theme is **STRENGTHENING AND SUPPORTING** our Salukis. Check out the daily themes for Saluki Cares week:

- Monday, October 9: Motivation Monday
- Tuesday, October 10: Turn it up Tuesday
- Wednesday, October 11: Wellness Wednesday
- Thursday, October 12: Thoughtful Thursday
- Friday, October 13: Financial Friday
- Friday, October 13: **SALUKIS CARE DAY**



scan for a full list
of activities



EVENT CONTACT: SIUCARES@SIU.EDU
WEBSITE: DOS.SIU.EDU/SALUKI-CARES-DAY.PHP
FOR DISABILITY ACCOMMODATIONS CALL 618/453-5738