Send Silence Packing® is a visually striking exhibit that includes personal stories from individuals who have lost a loved one to suicide and is designed to connect individuals to mental health resources and inspire action for suicide prevention.

You’re invited to walk among the Send Silence Packing backpacks to see the photographs and read the stories attached to them.

To learn more:
activeminds.org/sendsilencepacking
To explore the virtual experience:
activeminds.org/backpacks

#SendSilencePacking
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