



TEAM RIVER RUNNER – SOUTHERN ILLINOIS KICKOFF SATURDAY, AUG 31 • 10 A.M.

Team River Runner kicks off a Southern Illinois chapter. Veterans and their families will enjoy this FREE day-long event with water-based activities and other fun.

- PADDLING • COMPETITIONS • GAMES • NIGHT PADDLE • CAMPFIRE
- BREAKFAST, LUNCH AND DINNER INCLUDED ON SATURDAY
- BREAKFAST AND MORNING PADDLE ON SUNDAY

What to bring:

Water bottle Hat
Beach towel Sunglasses
Sunscreen

Provided:

Food/snacks
Canoes/kayaks
Paddles/PFDs

Free overnight lodging available.
Register for lodging and day
activities at ton.siu.edu.

For questions: Ethan Blumhorst at
ethan.blumhorst@teamriverrunner.org

Individuals with disabilities are welcomed. Call 618/453-5738 to request accommodations.